

# Cleveland

## Ohio Institute of Energetic Studies APP Course Calendar - 2009

### Cleveland Associate Polarity Practitioner (APP) Program

The APP Program is a 160 hour program offered in 4 weekend sessions.

**\*All Cleveland APP Classes follow this schedule:**

Saturday 8:30 am – 3:30 pm (hour break for lunch)

Sunday 8:15 am – 5:00 pm (hour break for lunch)

**\*\*Guided Clinical Sessions:**

Saturday of class 4:00 pm – 6:30 pm

One extra Saturday 10:00 a.m. – 2:00 p.m.—TBA

\*Level IV meet Friday 2:00 pm—8:00 pm in addition to Saturday & Sunday

\*\*Clinicals are supervised by a Registered Polarity Practitioner and may be taken at any Ohio Institute Location

### Cleveland – Spring 2009 Polarity Associate Polarity Practitioner (APP) Program

**Orientation: April 24, 2009**

Orientation Class (5:30 p.m. – 7:30 p.m.)

**Level I: April 25 - 26, 2009**

Introduction to Polarity Therapy

**Level II: May 30 - 31, 2009**

Polarity Therapy & the Ether / Air Elements

**Level III: June 27- 28, 2009**

Polarity Therapy & the Fire Element

**Level IV: July 24 25 26, 2009**

Polarity Therapy & the Water / Earth  
Elements

### Cleveland – Fall 2009 Polarity Associate Polarity Practitioner (APP) Program

**Orientation: October 16, 2009**

Orientation Class (5:30 p.m. – 7:30 p.m.)

**Level I: October 17 - 18, 2009**

Introduction to Polarity Therapy

**Level II: November 14 - 15, 2009**

Polarity Therapy & the Ether / Air Elements

**Level III: December 12 - 13, 2009**

Polarity Therapy & the Air Element

**Level IV: January 22, 23, 24, 2010**

Polarity Therapy & the Fire Element  
Polarity Therapy & the Water / Earth  
Elements

**Level I is a pre-requisite for Levels II through IV**

**Level I is repeated as needed.**